






WORKBOOK

THINKING AND ACTING SUSTAINABLY

Review your daily sustainable practices that contribute to Climate Action:

-  **Recycle** paper, glass, plastic, metal and old electronics
-  **Choose** reusable products. Use an eco-bag for shopping and a reusable water bottle or a cup to reduce your plastic waste
-  **Buy** eco-friendly products. Read the packaging to see if products are produced in an eco-friendly way
-  **Bike**, walk or take public transport
-  **Consume** less meat and eat vegetarian for one day a week
-  **Reduce** your use of paper. Avoid printing and substitute it with electronic devices
-  **Engage** in additional sustainable activities not covered in this list.